

RICHMOND MARTIAL ARTS RE-OPENING POLICIES AND PROCEDURES

Access and Exit of Facility

-Parents will drop off their child at the front of the studio and be required to wait in their cars or come back once class is done (parents will have access to our private webcam if they want to watch their child from their devices) Parents may come inside the lobby to speak with the front desk but stay 2 meters apart from each other and other parents (Visible decals will be on the floor)

-Parents will be asked if their child has any of the following symptoms; coughing, fever, sore throat, or difficulty breathing. Any student that says yes will not be permitted inside and will have to do their class on Zoom from their home. Staff will also be asked each day if they are symptom free when signing in for the day. No staff will be allowed to work if they are sick and will have to teach from home using Zoom.

-We will have contactless thermometers on site but will **only** be used if someone is showing symptoms of a fever

-Decals will be applied outside our doors with a 2 meters apart distance for lining up for classes. Please arrive 10 minutes early for your class.

-1 student at a time will enter and exit the facility from the designated doors

-Verbal attendance will be taken by the front desk

-Students will be asked to wash their hands from our lobby hand wash station before entering the training room and after class is finished. No barefoot feet will be allowed on the mats. Only Socks or Taekwon-do shoes. Regular shoes may be worn on our seating area training section. (where benches used to be). Kids who have socks from Jump Parks should wear them as they have grips at the bottom.

-Students must be dressed in their uniforms and can **not** bring their gear bags inside. (No changing inside the washrooms will be allowed)

-Students will exit from the far side door (the one under our neon sign)

-Masks will be mandatory for our **staff** but optional for students. (masks with our logo can be purchased for \$10)

-Entrance and Exit doors will remain open for touch-less entrance

-Students will bring their own water bottle which must be filled up from home. Bottled water will be available for sale if needed.



Limited Occupancy

During classes only students will be allowed to enter the facility. Parents will wait outside or in their cars. Parents may come inside the lobby to speak with the front desk but stay 2 meters apart from each other and other parents by standing on the floor decals. Capacity signage for each room will be posted.

All students will be lined up 7 feet apart. We will utilize 3 training floors to keep lots of distancing. On sunny days we will use the back parking lot as well. Class curriculum will be non contact exercises with instructors using pool noodles for instruction to keep a safe distance apart from the child. Instructors will not make physical contact with students.

In-house classes will need to be booked in advance if you are planning on attending using our online scheduler or calling in to the front desk. (Zoom classes do not need to be pre-booked)

Contactless forms of payment and check-ins will be recommended.



Cleaning Protocols

Hand-washing posters will be posted in all 3 washrooms and around the common areas.

There will a 15 minute window in between classes to allow for staff to disinfect the training floors, all equipment, door handles, touch points, sinks, washrooms. Pool noodles will be used to keep distancing from the students during classes for drills and making corrections. Staff will initial a checklist with all the items they have cleaned daily.

Only Health Canada approved disinfectants effective against SARS-CoV-2 (the virus that causes covid-19) will be used.

Hand washing will be frequent with staff and students after cleaning, using washroom, eating.

Washrooms will be cleaned after every use and 1 x month will be professionally disinfected by our cleaning company Cintas. There will be 1 washroom designated for adults and 1 designated for children.

A touchless hand sanitizing station will be setup at the entrance of the training floors.

Doors, Loading Docks and windows will be left open to allow fresh airflow.

Every week the **ENTIRE** studio will be sprayed with a hospital grade disinfectant with a kill claim against human corona viruses including COVID19 (Disinfectant supplied by Cintas)

